

**SAMPLE CONTENT**



# HISTORY AND CIVICS **WORKBOOK**



**STD. VII**  
(Eng. Med.)

**Target** Publications® Pvt. Ltd.



# History and Civics WORKBOOK

Std. VII (English Medium)

## Salient Features

- A quick revision of theory at the beginning of every chapter
- Variety of Questions for exhaustive practice
- Intext Questions Section to widen knowledge spectrum
- Oral Test in every chapter for knowledge testing
- Activities/Projects that help in experiential learning
- Ample space provided for the students to write answers

Name: .....

School: .....

Standard: .....

Division: .....

Roll No.: .....

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## PREFACE

While designing the book, our main intention was to create a book that would act as a single point of revision and practice for students. We wanted this book to provide students, the much-needed practice for their textual questions as well as build up their knowledge quotient in the process.

**Target's History and Civics Workbook: Std. VII** has been prepared as per the new 'Continuous Comprehensive Evaluation' (CCE) pattern which is more child-centric and focuses on active learning. It makes the process of education more enjoyable and interesting.

Our History and Civics Workbook comes replete with a Quick Recap of concepts, Summative Questions and Formative Questions. The goal of this book is to provide practice to students and to help them understand the concepts better.

Every chapter begins with **Let's Study**, the Point wise Theory. It follows by **Summative Assessment** which is divided into four sections – **Textbook Exercise, Intext Questions, Let's Practise** and **Oral Test**. All textual questions are covered in Textbook Exercise, whereas additional questions for practice are covered in Let's Practise section. Intext questions are included in Intext Questions section wherever necessary. Also questions based on the chapter are given for Oral Test, which can be useful to test the chapter knowledge of the students. In the **Formative Assessment** part, Activities/Projects are included. Ample space is provided to the students for writing answers.

The relevant questions from chapters are marked as **Open Ended Questions** and **Oral Work** to build the students' reasoning ability. We are trying to give better practise to understand the chapter through questions.

We hope this book helps students of Std. VII to prepare for their examination.

The journey to create a complete book is strewn with triumphs, failures and near misses. If you think we've nearly missed something or want to applaud us for our triumphs, we'd love to hear from you.

Please write to us at: [mail@targetpublications.org](mailto:mail@targetpublications.org)

Publisher

**Edition:** Fourth

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### Disclaimer

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This work is purely inspired upon the course work as prescribed by the Maharashtra State Bureau of Textbook Production and Curriculum Research, Pune. Every care has been taken in the publication of this reference book by the Authors while creating the contents. The Authors and the Publishers shall not be responsible for any loss or damages caused to any person on account of errors or omissions which might have crept in or disagreement of any third party on the point of view expressed in the reference book.

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## ◆◆◆ KEY FEATURES ◆◆◆

### CCE pattern

Latest CCE pattern is followed in workbook, dividing the chapter into summative and formative section. This is a more child-centric approach and helps in overall growth and development of students.



### Textbook Exercise

All textual questions are included in this section



### Let's Practise

Various additional questions enables students to get better practice of the lessons and understand the concepts better.



### Intext Questions

Some intext questions included to widen the knowledge spectrum of students.



### Open Ended Questions

Some questions have more than one possible answer. Hence, questions marked as 'Open Ended Question' give students the freedom to answer these questions in a different manner on their own.



### Oral Work

Some questions can be orally answered by students in the classroom. These questions, marked as 'Oral Work' can help build students' knowledge, skills and abilities.



### Oral Test

Oral Test section includes questions that would stimulate the students to think and arrive at an answer based on their understanding of the concepts covered in the chapter.

## ◆◆◆ Contents ◆◆◆

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*Note: Textual Questions are represented by \* mark.*

## ◆◆◆ Let's Study ◆◆◆

1. **Medieval period of Indian history:** The period from the 9<sup>th</sup> century CE till the end of the 18<sup>th</sup> century CE is considered to be the medieval period of Indian history.
2. **Subject matter and important factors in History:** History gives a chronological, scientific and systematic account of past events. Four crucial factors in History are individuals, society, place and time.
3. **Sources of History and their classification:** Sources of History refer to authentic evidence or proofs that enable us to understand history. These sources are classified into material sources, written sources and oral sources.
4. **Precautions to be taken:** The authenticity of sources of History must be evaluated and critical analysis must be done before using them to study History.

➤ **MATERIAL SOURCES**

1. **Forts, monuments, and buildings:** Various types of forts, monuments and buildings are material sources of history. They throw light on the architecture, economic conditions, quality of art, style of construction and standard of living in a particular period.
2. **Coins:** The coins of different rulers enable us to learn about their period, governance, religious ideas, personal details, language in use etc. We also learn about the financial transactions, economic conditions, advancement in metallurgy etc. from the coins.
3. **Inscription:** It helps us to understand language, script, social life of a period.
4. **Examples of material sources:** *Chaityas, Viharas*, temples, churches, mosques, *mukbaras, gurudwaras*, sculptures, wells, village boundaries, weapons, utensils, ornaments, clothes, decorative articles, toys, implements, musical instruments etc.

➤ **WRITTEN SOURCES**

1. **Forms of written sources:** We learn about significant historical events from *bhurjapatras*, religious manuscripts, treatises, edicts, decrees, biographies, paintings, judicial verdicts and orders, travelogues of foreign travellers, *tavarikh, bakhar* etc.
2. **Language:** The writing styles of scripts (Devanagari, Arabic, Persian, Modi etc.) and varieties of different languages throw light on the language used in a particular period.
3. **Use of written sources:** We learn about the food items, attire, conventions and rules of conduct, festivals and life of people from written sources.

➤ **ORAL SOURCES**

1. **Examples of oral sources:** Folk literature which is traditionally passed on from generation to generation aids in understanding history. Some examples of oral sources are *owis*, folk songs, *powadas*, folk tales, legends, myths, *gatha, shlokas, abhangas* etc.
2. **Powada of Tanaji:** A *powada* composed by Tulashidas Shahir portrays the Kondhana campaign. It contains character sketches of Tanaji and others.

➤ **PROCESS OF WRITING HISTORY**

1. **Based on sources of History:** History is written with the help of the material, written and oral sources.
2. **Rewriting history:** History has to be rewritten when new sources and information come to light.



➤ **EVALUATING THE SOURCES OF HISTORY**

1. **Precautions to be taken:** It is essential to take certain precautions before using any source of history. These precautions are as follows:
  - (i) We have to examine the authenticity and determine the quality of sources.
  - (ii) We need to study the integrity of writers and the political pressures on them.
  - (iii) The information has to be verified with the help of other contemporary sources.
  - (iv) The information has to be seen in a proper perspective.
  - (v) The sources have to be subjected to a critical analysis.

◆◆◆ **Summative Assessment** ◆◆◆

**Textbook Exercise**

**I. Complete the names of the following sources of history**

- |                                 |                               |
|---------------------------------|-------------------------------|
| *1. l _ _ _ _ _ d               | *2. t _ _ _ _ _ h             |
| *3. b _ _ _ _ _ r               | *4. p _ _ _ _ _ a             |
| *5. i _ _ _ _ _ i _ _ _ i _ _ n | *6. m _ _ _ _ _ u _ _ _ _ _ t |

**II. Let's write**

- \*1. **What do monuments include?**  
 Ans: .....
- \*2. **What is a Tarikh?**  
 Ans: .....
- \*3. **What qualities of the author are important in the writing of history?**  
 Ans: .....

**III. Find the odd man out**

- \*1. Material sources, Written sources, Unwritten sources, Oral sources .....  
 .....  
 .....
- \*2. Monuments, Coins, Cave sculptures, Stories .....  
 .....
- \*3. *Bhurjapatras*, Temples, Treatises, Paintings .....  
 .....
- \*4. *Owis*, Tarikhs, Folk tales, Myths .....  
 .....

**IV. Explain the following concepts**

- \*1. **Material sources**  
 Ans: .....









\*2. Oral sources reveal various aspects of people's lives.

Ans: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Intext Questions**

**I. Can you tell?**

1. How do coins narrate history?

Ans: \_\_\_\_\_  
\_\_\_\_\_  
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**II. Say your say!**

1. Suggest measures for preserving sources of history.

Ans: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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**Let's Practise!**

**I. Tick the correct option**

1. History gives us a chronological, scientific and ----- account of the past events.  
 (A) random  (B) systematic  (C) detailed
2. Forts have an important place among the ----- sources of history.  
 (A) material  (B) oral  (C) written
3. Inscriptions carved on sheets of copper as called as -----  
 (A) metal plates  (B) wooden plates  (C) copper plates
4. ----- is the Sanskrit biography of Shivaji Maharaj composed by the poet Paramanand.  
 (A) Shrishivbharat  (B) Yugavatar  (C) Shivcharitra

**II. Match the Following**

1.

	Group 'A'	Answers		Group 'B'
(i)	Material source	-----	(a)	<i>Bhurjapatras</i>
(ii)	Oral source	-----	(b)	Monuments
(iii)	Written source	-----	(c)	Legends

**III. Find the odd man out**

1. Al Biruni, Ziauddin Barani, Yahya Bin Ahmed, Paramanand -----
2. Robert Arm, M.C.Sprengel, Grant Duff, Chola -----



**IV. Name the following**

1. Their images were inscribed on Hyder Ali's coins. \_\_\_\_\_
2. A language which was used on the coins during the times of Peshwas. \_\_\_\_\_
3. The temple in Tanjavur where inscriptions were found. \_\_\_\_\_
4. This type of chronicle originated in Maharashtra. \_\_\_\_\_
5. A person who portrays the Kondhana campaign in the *powada* composed for Tanaji. \_\_\_\_\_

**V. Answer in one sentence**

1. Which period is considered to be the medieval period of Indian History?

Ans: \_\_\_\_\_  
 \_\_\_\_\_

2. From which script writing styles do we learn about historical events in the medieval period?

Ans: \_\_\_\_\_  
 \_\_\_\_\_

3. Name few people who have written tavarikhs.

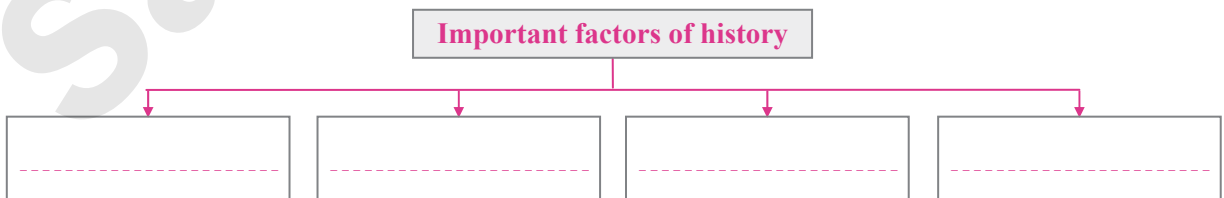
Ans: \_\_\_\_\_  
 \_\_\_\_\_

4. How can we determine the quality of sources of History?

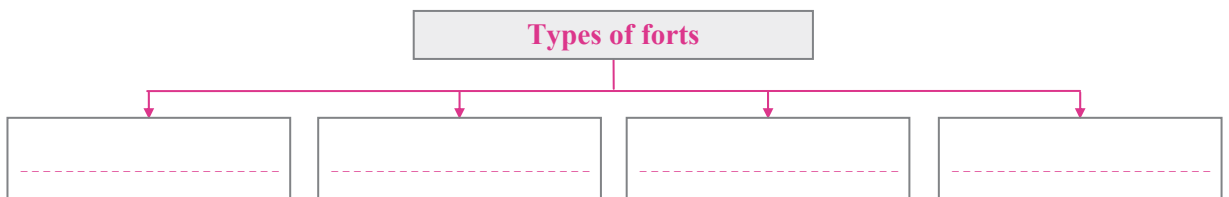
Ans: \_\_\_\_\_  
 \_\_\_\_\_

**VI. Complete the concept chart**

1.



2.







**VII. Classify the following**

- Classify the following into material, written and oral sources of history.**  
(*Shakavali*, Weapons, Folk Songs, Clothes, Orders, Legends, Dispatches, *Powadas*, Memorials, Treatise, Cave sculptures, *Gatha*)

Ans:

Material sources	Written sources	Oral sources
-----	-----	-----
-----	-----	-----
-----	-----	-----
-----	-----	-----

**VIII. Give reasons**

- Our history books and those of our grandparents differ to a certain extent.**

Ans:

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**IX. Write short notes on**

- Inscription**

Ans:

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- Travelogues**

Ans:

-----

-----



3. Bakhar

Ans:

Oral Test

1. What is meant by the sources of history?
2. How are the sources of history classified?
3. When does History need to be rewritten?

◆◆◆ Formative Assessment ◆◆◆

Activities / Projects

- \*1. Visit any museum that is nearby. Gather information about the sources of history from the period that you are studying and record it in your activity book.

Teacher's Remark: .....

Date: .....



## AVAILABLE BOOKS FOR STD. VII:

(ENG., MAR. & SEMI ENG. MED.)

### NOTES

- English Balbharati
- मराठी सुलभभारती
- हिंदी सुलभभारती
- History-Civics
- Geography
- General Science
- Mathematics

### NOTES

- My English Book
- मराठी बालभारती
- हिंदी सुलभभारती
- इतिहास व नागरिकशास्त्र
- भूगोल
- सामान्य विज्ञान
- गणित

### WORKBOOK

- English Balbharati
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- हिंदी सुलभभारती
- History-Civics
- Geography
- General Science
- Mathematics

### ADDITIONAL TITLES

GRAMMAR & WRITING SKILLS BOOKS  
(STD. VII & VIII)

- Marathi
- Hindi

## AVAILABLE BOOKS FOR STD. VIII:

(ENG., MAR. & SEMI ENG. MED.)

### NOTES

- English Balbharati
- मराठी सुलभभारती
- हिंदी सुलभभारती
- History and Civics
- Geography
- General Science
- Mathematics

### NOTES

- My English Book
- मराठी बालभारती
- हिंदी सुलभभारती
- इतिहास व नागरिकशास्त्र
- भूगोल
- सामान्य विज्ञान
- गणित

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- मराठी बालभारती

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