

**SAMPLE CONTENT**



# **HISTORY - CIVICS** **WORKBOOK**



**STD. VI**  
**(Eng. Med.)**

**Target** Publications<sup>®</sup> Pvt. Ltd.

# History and Civics WORKBOOK

Std. VI (English Medium)

## Salient Features

- A quick revision of theory at the beginning of every chapter
- Variety of Questions for exhaustive practice
- Intext Questions Section to widen knowledge spectrum
- Oral Test in every chapter for knowledge testing
- Activities/Projects that help in experiential learning
- Coverage of map based questions wherever deemed necessary
- Ample space provided for the students to write answers

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## ◆◆◆ PREFACE ◆◆◆

While designing the book, our main intention was to create a book that would act as a single point of revision and practice for students. We wanted this book to provide students, the much-needed practice for their textual questions as well as build up their knowledge quotient in the process.

**Target's History and Civics Workbook: Std. VI** has been prepared as per the new 'Continuous Comprehensive Evaluation' (CCE) pattern which is more child-centric and focuses on active learning. It makes the process of education more enjoyable and interesting.

Our History and Civics Workbook comes replete with a Quick Recap of concepts, Summative Questions and Formative Questions. The goal of this book is to provide practice to students and to help them understand the concepts better.

Every chapter begins with **Let's Study**, the Point wise Theory. It follows by **Summative Assessment** which is divided into four sections – **Textbook Exercise, Intext Questions, Let's Practise** and **Oral Test**. All textual questions are covered in Textbook Exercise, whereas additional questions for practice are covered in Let's Practise section. Intext questions are included in Intext Questions section wherever necessary. Also questions based on the chapter are given for Oral Test, which can be useful to test the chapter knowledge of the students. In the **Formative Assessment** part, Activities/Projects are included. Ample space is provided to the students for writing answers.

The relevant questions from chapters are marked as **Open Ended Questions** and **Oral Work** to build the students' reasoning ability. We are trying to give better practise to understand the chapter through questions.

We hope this book helps students to prepare for their examination.

The journey to create a complete book is strewn with triumphs, failures and near misses. If you think we've nearly missed something or want to applaud us for our triumphs, we'd love to hear from you.

Please write to us at: [mail@targetpublications.org](mailto:mail@targetpublications.org)

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### Disclaimer

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This work is purely inspired upon the course work as prescribed by the Maharashtra State Bureau of Textbook Production and Curriculum Research, Pune. Every care has been taken in the publication of this reference book by the Authors while creating the contents. The Authors and the Publishers shall not be responsible for any loss or damages caused to any person on account of errors or omissions which might have crept in or disagreement of any third party on the point of view expressed in the reference book.

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## ◆◆◆ KEY FEATURES ◆◆◆

### **CCE pattern**

Latest CCE pattern is followed in workbook, dividing the chapter into summative and formative section. This is a more child-centric approach and helps in overall growth and development of students.

### **Let's Study**

In each chapter a concise summary has been provided which help students for quick revision.

### **Textbook Exercise**

All textual questions are included in this section

### **Let's Practise**

Various additional questions enables students to get better practice of the lessons and understand the concepts better.

### **Intext Questions**

Some intext questions included to widen the knowledge spectrum of students.

### **Open Ended Questions**

Some questions have more than one possible answer. Hence, questions marked as 'Open Ended Question' give students the freedom to answer these questions in a different manner on their own.

### **Oral Work**

Some questions can be orally answered by students in the classroom. These questions, marked as 'Oral Work' can help build students' knowledge, skills and abilities.

### **Oral Test**

Oral Test section includes questions that would stimulate the students to think and arrive at an answer based on their understanding of the concepts covered in the chapter.

## ◆◆◆ Contents ◆◆◆

No.	Topic Name	Page No.
<b>HISTORY</b>		
1.	The Indian Subcontinent and History	1
2.	Sources of History	8
3.	The Harappan Civilization	14
4.	The Vedic Civilization	20
5.	Religious Trends in Ancient India	28
6.	<i>Janapadas</i> and <i>Mahajanapadas</i>	37
7.	India during the Maurya Period	44
8.	States after the Maurya Empire	52
9.	Ancient Kingdoms of the South	61
10.	Ancient India: Cultural	67
11.	Ancient India and the World	75
<b>CIVICS</b>		
1.	Our Life in Society	81
2.	Diversity in Society	85
3.	Rural Local Government Bodies	89
4.	Urban Local Government Bodies	96
5.	District Administration	103

*Note: Textual Questions are represented by \* mark.*

## ◆◆◆ Let's Study ◆◆◆

**1.1 GEOGRAPHICAL CONDITIONS AND THE COURSE OF HISTORY**

- 1. History and its major pillars:** History is a coherent account of the significant past events in the progress of human culture. Time, place, society and individuals are the four major pillars of history.
- 2. Relation between History and Geography:** The pillar of 'place' is related to geography or geographical conditions. Since history is influenced by geographical conditions, history and geography are inseparable.
- 3. Connection between geographical conditions and human life:** Our diet, clothing, housing, occupation etc. largely depends upon geographical characteristics of a region in which we live. Therefore, lifestyle of the people in hilly regions is different from those who live in the plains.
- 4. Sources of livelihood:** The climate, rainfall, agricultural produce, flora and fauna of the region are the source of one's livelihood. They also influence the lifestyle and culture of a region.
- 5. Relation between means of living and human settlements:** Human settlements have developed in places where means of living are plentiful. However, sometimes people are forced to leave their settlements due to degradation of the environment, drought, invasions etc.

**1.2 GEOGRAPHICAL FEATURES OF INDIA**

- 1. Geographical extent:** India extends far and wide. Himalayas lie to the north of India, Bay of Bengal to the east, Arabian Sea to the west and Indian Ocean to the south.
- 2. Contiguous country:** India is contiguous except for the islands of Andaman-Nicobar and Lakshadweep.
- 3. Pakistan and Bangladesh as its parts:** Before 1947, Pakistan and Bangladesh were also a part of India.
- 4. Important regions related to the Indian history:**
  - (i) The Himalayas:**
    - (a) The impassable wall created by the Hindukush and Himalaya ranges separated the Indian Subcontinent from the deserts of Central Asia.
    - (b) However, a land route through the Khyber and Bolan that passes in the Hindukush mountains, was connected to an ancient trade route.
    - (c) The trade route from China, known as 'Silk Route' or 'Silk Road' passed through Central Asia and reached Arabia.
  - (ii) The plains of the Sindhu-Ganga-Brahmaputra:**
    - (a) The region consists of the basins of river Sindhu, Ganga, Brahmaputra and their tributaries.
    - (b) It extends from Sindh-Punjab in the west to the present-day Bangladesh in the east.
    - (c) The earliest Indian civilization and the later states and empires of ancient India emerged in this region.
  - (iii) The Thar Desert:**
    - (a) It spreads across Rajasthan, Haryana and some parts of Gujarat. A part of the desert lies in today's Pakistan.
    - (b) It has the Satluj River to its north, the Aravalli mountain range to its east, the Rann of Kachchh to its south and the Indus (Sindhu) river to its west.
    - (c) The Ghaggar river (known as 'Hakra' in Pakistan) reaches the Thar desert. Many sites of the Harappan civilization are found along the dry course of this river in Rajasthan and Pakistan.

**(iv) The Deccan Plateau:**

- (a) It is the region between the east and the west coast of India that gradually narrows down towards the south.
- (b) This region is bounded by the sea on three sides and thus, known as a Peninsula. The Deccan Plateau occupies the major part of Indian Peninsula.
- (c) It has Arabian Sea to its west, the Indian Ocean to its south, and the Bay of Bengal to its east.
- (d) Mountain ranges:
  - (1) Towards the north: Vindhya and Satpuda
  - (2) Towards the west: The Sahyadri mountain ranges, known as 'Western Ghats'
  - (3) Towards the east: The mountains of 'Eastern Ghats'
- (e) Deccan plateau has fertile land and hence, many post-Harappan agrarian cultures flourished here. Many kingdoms and smaller empires flourished in the Deccan Plateau, the Maurya empire being the largest amongst them.

**(v) The coastal regions:**

- (a) Ancient India had trade relations with the western countries. The trade was carried on by sea routes. Consequently, India developed contact and interaction with foreign cultures and people at sea ports.
- (b) Although land routes were used for trade in later period, the importance of sea routes didn't diminish.

**(vi) The Islands in the Sea:**

- (a) Islands in the Bay of Bengal: Andaman and Nicobar
- (b) Islands in the Arabian Sea: Lakshadweep
- (c) These islands were important in ancient sea trade.
- (d) These islands have been mentioned in the manuscript 'Periplus of the Erythrean Sea' or 'Handbook of the Red Sea'.

**1.3 THE INDIAN SUBCONTINENT**

1. **South Asia:** Afghanistan, Pakistan, Nepal, Bhutan, Bangladesh, Sri Lanka and India together form the region known as South Asia. This region is also known as the Indian Subcontinent due to the expanse and significance of India.
2. **Harappan civilization:** The Harappan civilization had spread mainly in the north-western part of the Indian Subcontinent. The cities of Harappa and Mohen-jodaro are located in today's Pakistan.
3. **China and Myanmar:** These countries are not a part of the Indian Subcontinent. However, they had cultural and trade relations with ancient India.

◆◆◆ Summative Assessment ◆◆◆

Textbook Exercise

**I. Answer the following in one sentence**

**\*1. What is History?**

Ans: .....

.....



\*2. Where do human settlements flourish?

Ans: .....

.....

\*3. What do the people in the hilly region depend on for their food?

Ans: .....

.....

\*4. Which is the earliest civilization in India?

Ans: .....

**II. Answer the following questions in short**

\*1. What does human life depend on?

Ans: .....

.....

.....

\*2. What features of our surroundings form the means of our livelihood?

Ans: .....

.....

.....

\*3. Which region is known as the Indian subcontinent?

Ans: .....

.....

.....

**III. Give reasons**

\*1. There is a close relation between History and Geography.

Ans: .....

.....

.....

.....

.....



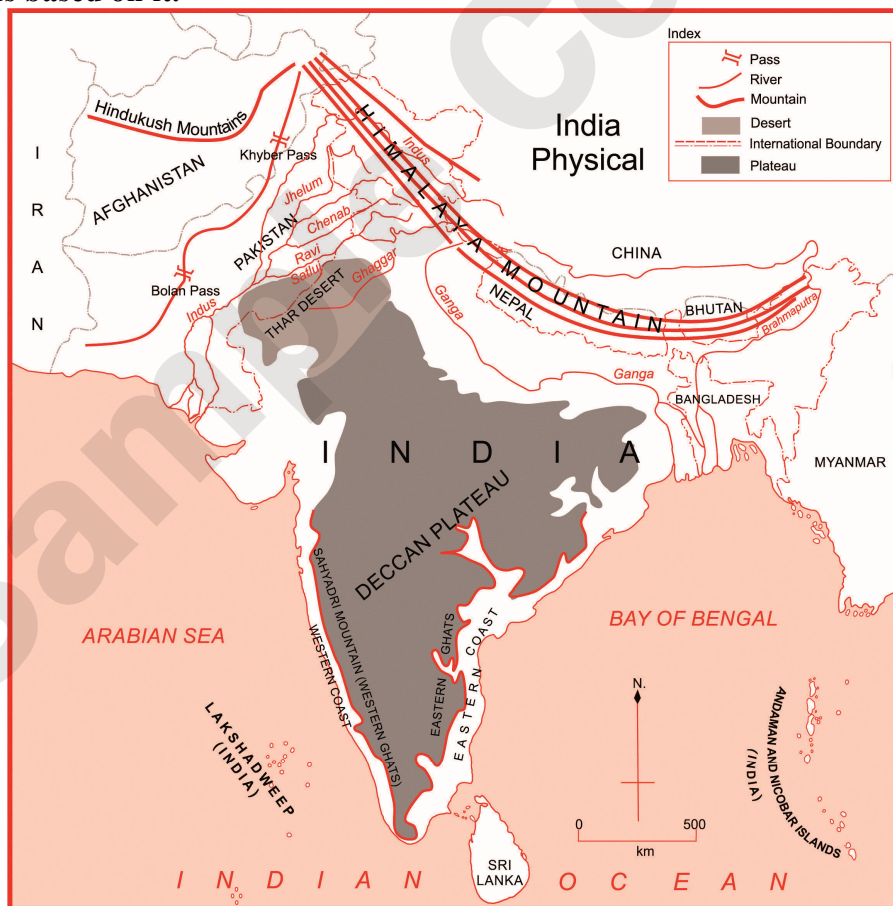


\*2. People are forced to leave their settlements.

Ans: \_\_\_\_\_

**IV. Observe the map and answer the following questions**

\*1. Observe the physical map of India (given on textbook page no. 4) and answer the questions based on it.



(i) Which mountain ranges lie to the north of India?

Ans: \_\_\_\_\_



(ii) Which are the routes to India from the north?

Ans: .....

[Note: The question has been modified in accordance with the map.]

(iii) Where do the Ganga and Brahmaputra meet?

Ans: .....

(iv) Name the islands to the east of the Indian peninsula.

Ans: .....

(v) In which part of India do we see the Thar Desert?

Ans: .....

### V. Differentiate between

\*1. Explain the difference in the human life in the hilly regions and that on the plains.

Human life in the hilly regions	Human life on the plains
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....

**Let's Practise!**

### I. Fill in the blanks

- Time, place, society and individuals are the four major pillars of history and of these four pillars, ..... is related to geographical conditions.
- ..... was the main commodity exported to the western countries through Silk route.
- ..... river is known as 'Hakra' in Pakistan.



4. A major part of the Indian peninsula is occupied by the .....
5. The cities of Harappa and Mohen-jo-daro are in today's .....

**II. Tick the correct option**

1. India is contiguous except islands of Andaman-Nicobar and .....  
 (A) Sri Lanka                       (B) Arabia                       (C) Lakshadweep
2. The ..... is located to the south of the Thar desert.  
 (A) Aravalli mountain                       (B) Satluj river                       (C) Rann of Kachchh
3. .... is the region between the east and the west coast of India which tapers off to the south.  
 (A) The Deccan plateau                       (B) Western Ghat                       (C) Himalaya
4. To the ..... of the Sahyadris is the coastal region of Konkan and Malabar.  
 (A) east                       (B) west                       (C) north

**III. Answer in one sentence**

1. **What has separated the Indian subcontinent from the deserts of Central Asia?**

Ans: .....

.....

.....

2. **Where had the Harappan civilization mainly spread in the Indian subcontinent?**

Ans: .....

.....

**IV. Answer the following**

1. **Explain how land and sea routes developed in India.**

Ans: .....

.....

.....

.....

.....

.....

.....



**Oral Test**

1. What is the extent of the plains of Sindhu-Ganga-Brahmaputra?
2. Which are the Indian Islands in the Arabian Sea?
3. Which neighbouring countries of India are not a part of South Asia?

◆◆◆ **Formative Assessment** ◆◆◆

**Activities / Projects**

1. You can do this (*Textbook page no. 4*)  
**Show the following on an outline map of India.**  
(i) The Himalaya mountain                      (ii) The Thar Desert                      (iii) East Coast
- \*2. Obtain information about the lakes or reservoirs in your locality.
- \*3. Show the following on a world map.  
(i) The Himalaya Mountain                      (ii) The Silk Road                      (iii) Arabia

Teacher's Remark: .....

Date: .....



## AVAILABLE BOOKS FOR STD. VI: (ENG., MAR. & SEMI ENG. MED.)

### NOTES

- English Balbharati
- मराठी सुलभभारती
- हिंदी सुलभभारती
- History-Civics
- Geography
- General Science
- Mathematics

### NOTES

- My English Book
- मराठी बालभारती
- हिंदी सुलभभारती
- इतिहास - नागरिकशास्त्र व भूगोल
- सामान्य विज्ञान
- गणित

### WORKBOOK

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- History-Civics
- Geography
- General Science
- Mathematics

### ADDITIONAL TITLES

#### GRAMMAR & WRITING SKILLS BOOKS (STD. VI & VII)

- Marathi
- Hindi

## AVAILABLE BOOKS FOR STD. VII: (ENG., MAR. & SEMI ENG. MED.)

### NOTES

- English Balbharati
- मराठी सुलभभारती
- हिंदी सुलभभारती
- History-Civics
- Geography
- General Science
- Mathematics

### NOTES

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- हिंदी सुलभभारती
- इतिहास व नागरिकशास्त्र
- भूगोल
- सामान्य विज्ञान
- गणित

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